



MOST NEEDED DONATIONS

Financial Donations allow us to obtain food and other essentials that we need most through our partner food banks at a very low cost (\$1=10 lbs of food). The items below are not always available at food banks and these are **currently our most needed items**.

Fruits & Veggies

- Fresh from the garden produce
- Low sodium/ low sugar canned fruits and veggies

Misc. Food

- Coffee and tea
- Soups like Progresso and Chunky Campbells (Hearty pop-top style soups)
- Microwaveable meals such as soups, ravioli, chili, lentils

Grains

- Boxed Cereal
- Gluten-free items

Proteins

- Peanut butter
- Canned tuna, canned chicken, canned sardines

Cooking

- Spices
- Olive oil, coconut oil, cooking oil
- White or brown sugar
- Worcestershire sauce, barbecue sauce
- Salad dressing
- Fish sauce, oyster sauce, sesame oil

Personal Care

- Baby diapers (Newborn-Size 6)
- Pull-Ups (2T-5T)
- Incontinence pads
- Baby wipes
- Pads and tampons
- Shampoo
- Body wash
- Toothbrushes and toothpaste
- Lotion

Household Items

- Ziplocks and other resealable bags
- Laundry detergent
- Dish soap
- Toilet paper
- Paper towel
- Kleenex or other tissues

Misc. Other Items

- Paper bags from grocery stores (not lunch bags or plastic)

ITEMS WE CANNOT ACCEPT

- Refrigerated or frozen items - we cannot accept these due to Food Safety regulations
- Open containers of food, unless food is individually wrapped and labeled
- Bread
- Expired food
- Feeding tube supplies
- Plastic grocery bags